



ST. PAUL'S
EPISCOPAL CHURCH

Grace Notes

September 1, 2024

www.stpaulsrva.org

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THIS SUNDAY @ ST. PAUL'S

Nursery | 8:45 AM - 12:30 PM | For children 3 - 5 years old. The worship service can be heard within the Nursery. A changing table is available.

Children's Chapel | Children 3 years and older are invited to participate in Children's Chapel. We'll leave following the Gospel reading and return at the Passing of the Peace to take Communion with our families.

Rector's Bible Study | Norwood Room @ 9 AM. Join our clergy and volunteers as we explore the readings for Sunday worship. This informal setting offers the opportunity to ask questions, get to know others, and learn how to navigate the often- tricky and mysterious world of scripture. No prep work required.

Reminder About Receiving Communion | All are invited to the altar rail to receive the sacraments (bread and wine) or a blessing. Bread will be placed in your hand by the priest. If you choose to receive the wine, the preferred (and most sanitary) way is by drinking from the common cup, guiding it by the base to your lips. While our preference is to keep fingers OUT of the chalice, if you plan to intinct, please use hand sanitizer before coming to the altar rail. Hand sanitizer is located in both the front and back of the church.

NEXT SUNDAY AT ST. PAUL'S

Ministry Fair | September 8th at 11:15 a.m. in Scott Hall | Did you know we have over 50 different ministries at St. Paul's? The Ministry Fair is a time to celebrate and learn more about our ministries at St. Paul's, including who they are and what they do. Lay leaders and clergy will be present in Scott Hall to answer your questions. Plan to come to the Ministry Fair at St. Paul's to learn more about how God is calling you to offer your gifts. For more information, contact Bo Cresswell bcresswell@stpaulsrva.org.

Second Sunday Family Worship Services Will Begin September 8 @ 4p.m. | Join St. Paul's families and clergy for a late afternoon worship service designed for children and families. Drawing from the Book of Common Prayer, this is a casual and engaging intergenerational service with communion. Children and families are active participants in all aspects of this service. Everyone is welcome! Contact Linda Willis (lwillis@stpaulsrva.org) for more information.

Second Sunday Suppers | Second Sundays of each month | 5:00 p.m. Beginning on September 8th | Mark your calendars now for the first Second Sunday Supper of the program year! Sunday Suppers are pot-luck dinners held the second Sunday of each month at 5:00, following the Family Worship Service. This month, St. Paul's will provide BBQ. Guests are asked to bring side dishes and desserts to share. Beer and wine will be available (for a suggested donation of \$5.00 to cover costs), as well as lemonade, water and iced tea.

UPDATES and HIGHLIGHTS

Evening Prayer | Join us on Facebook Live Tuesdays and Thursdays at 6 p.m. for Evening Prayer.

James River EcoFest | Saturday, September 7, 2024 from 1:00 - 6:00 PM | James A. Buzzard River Education Center Join St. Paul's Environmental Stewardship team for the James River EcoFest! Dive into a day dedicated to celebrating and preserving our vibrant local environment. Activities include learning about the James River watershed and local ecology, tree giveaways, rain barrel workshop and raffle, trash cleanup, and family friendly activities designed to educate all ages about sustainability. Parking and shuttle service is available at Stone Brewing Taproom (4300 Williamsburg Ave, Richmond). Contact Lisa Guthrie for more information (lismg1@aol.com).

UPDATES AND HIGHLIGHTS

Brown Bag Bible Study | Wednesdays | 12 - 1 p.m. | Are you interested in a weekly study of the Sunday Bible readings, led by a member of the clergy? During this lunchtime gathering we will share and reflect on the readings for the upcoming Sunday. How do these passages speak to us in our daily lives? How do they inform our prayers and our relationships? Our study will be informed by some references to commentary and/or historical Biblical context, but this is primarily an opportunity for conversation. For more information or a Zoom link please contact Bo Cresswell bcresswell@stpaulsrva.org.

Online Wednesday Morning Reflections | Wednesdays at 10 am -10:30 am (Zoom) | Consider a time of quiet in your week. On Wednesday at 10:00 a.m. members of St Paul's gather on Zoom for quiet reflection. The format consists of reading one of the upcoming Sunday's readings and twenty minutes of silent meditation. Participants are invited to comment on the reading or the silence. Contact David Hoover (davidwhoover56@gmail.com) for more information.

Pride Eucharist | Thursday, September 12 @ 6 PM | St. Mark's Episcopal Church | The Episcopal Churches of Central Richmond will gather at St. Mark's Episcopal Church (520 N. Arthur Ashe Blvd) to host a Pride Eucharist that celebrates our embrace and affirmation of the LGBTQIA+ community. We also hope you will help represent the Episcopal churches in the Central Richmond Region as we come together at the Pride Festival. To volunteer for our PrideFest tent, contact Malinda Collier at dre@stmarksrva.org or 804 358 4771.

Commemoration Event for Brown v. Board of Education 70th anniversary | Friday, September 13, 4:00 PM- 8:00 PM at St. Paul's Episcopal Church (Scott Hall) & Saturday, September 14th, 10 AM-2 PM hosted by Virginia Union University (Allix B. James Chapel in Coburn Hall) | Hosted by Virginians for Racial Reconciliation (VRR), this special two-day event will invite participants to deeply reflect on the original promises, realities, and legacies of the end of legal segregation from a faith perspective in order to inspire future action and new commitments to integrate society. We will explore the personal and societal impacts of Brown through the eyes of the faith community and other public leaders from around the

Commonwealth. Speakers and panelists include VRR co-chairs Delegate Delores McQuin and Governor Robert McDonnell, the Rev. Dr. John W. Kinney, Dr. Anne Holton, Rev. Dr. Patricia Gould-Champ, the Honorable Birdie Jamison, journalist Jeff Shapiro, the Rev. Ben Campbell, and others. Contact Rev. Gwynn Crichton (gcrichton@stpaulsrva.org) for more information and to register.

Bishop's Visit | Sunday, Sept. 15 @ 10 a.m. | We are delighted to welcome Bishop Mark Stevenson on Sunday, Sept. 15. After the service, there will be a reception and a Q and A time with the Bishop. We encourage you all to take this opportunity to learn more about the Diocese of Virginia and the role of the Bishop's office. We invite you to explore the diocesan website episcopalvirginia.org.

Time to Heal | Friday, September 20th, 5:00 p.m. until 8 p.m. | Main Street Station, The Shed | This mindfulness practice in service of the African American community reflects on our shared history and imagines a path toward racial reconciliation and healing. It includes an African libation ceremony, meditation, breathwork and movement. For more information, contact Rev. Gwynn Crichton at gcrichton@stpaulsrva.org.

Run Richmond 16.19 | Saturday, September 21st, 7:00 a.m. until 2 p.m. | Kanawha Plaza | This cultural run-or-walk event allows you to embark on a journey through more than 400 years of Black history. The event is organized by the Djimon Hounsou Foundation in collaboration with the Black History Museum & Cultural Center of Virginia and is a unique opportunity to celebrate unity in diversity. For more information contact Rev. Gwynn Crichton at gcrichton@stpaulsrva.org.

Being With: A Time of Knowing Self, God, Other | Tuesday Evenings 5:30pm-7pm | September 24-October 29 | This six-week series is for anyone who wants to meet others, learn more about how we worship, and grow in knowledge of self, God, and other. We'll spend time asking questions, wondering, and learning about the ways in which our worship is central to our spiritual identity, and how to make that worship more meaningful. This experience is open to all, and particularly helpful for those who are new/new-ish to St. Paul's or the Episcopal Church. Contact Rev. Charlie Dupree (cdupree@

stpaulsrva.org) or Rev. Andie Rohrs (arohrs@stpaulsrva.org) for more information.

Racial Justice & Healing Book Study Wednesdays, 5:30 p.m. - 7:30 p.m. | September 25 to October 30 | "It's the year 2050 and racism has ended—what did we do today, in the earliest part of the twenty-first century, that would have caused this outcome?" Looking back from the future offers a perspective of possibility that can transform our current thinking and actions. In six sessions, we will read and reflect on *How We Ended Racism: Realizing a New Possibility in One Generation* by Justine Michael Williams and Shelly Tygielski. We will engage selected "pillars" described in this workbook and learn more about ourselves, one another, and how we might change the ways we work toward ending racism. Light food and drinks will be provided. For each week's conversation, we ask participants to bring one or more insights or questions prompted by the assigned reading or exercise. For more information, contact Steve Otto at steve.c.otto@gmail.com.

Art Exhibition in Scott Hall | St. Paul's parishioner Carmen Wong, who uses the name Carmen Marshall professionally, has graciously shared over 25 pieces of her art work for our community to enjoy over the next several months. Dr. Marshall is a former English professor who was forced to retire in 2013 when she suffered a traumatic brain injury. As a TBI patient, she chose art to heal herself. She began with fat crayons to aid hand-eye coordination and to develop a tolerance for bright colors, light and geometric patterns. Her art has emerged and ranges from abstract to realism. She experiments with different mediums, using gel pen and ink as her primary tools.

LUNCH BUDDIES are Needed at Woodville Elementary | Put a smile on a child's face by building a relationship with a young student at Woodville. Lunch buddies are needed to help these young students become readers. The ability to read affects the rest of their lives and you can help make this happen. Being a lunch buddy requires roughly an hour a week, spent at the school. If you are interested, please contact Chris Yates at c.lansing.yates@gmail.com.

Emmaus Item Spotlight | Summer Attire | Men's Clothing is Especially Needed | With the scorching weather we find we can use more cool, lightweight clothing to distribute to our Emmaus guests. Shorts, t-shirts and blouses are all in high demand. Another frequently requested item are belts. There's no need to buy anything new – please check your own closets or visit your local thrift store. Thank you for your support.

CHILDREN, YOUTH & FAMILIES

Prayer Partner Gathering | Sept. 29 @ 11:30 a.m. | Norwood Room | This ministry matches a child or youth with a caring adult to build faithful, mentoring relationships. Meet-ups are a time for catching up with each other and parents are included. Contact Linda Willis (lwillis@stpaulsrva.org) for more information and to register.

Worship Bags and Book Cart | Every child is welcomed to utilize the worship bags in the narthex. Our Worship Bags contain drawing paper, crayons and children's bulletins, ensuring that all of our families are part of St. Paul's vibrant worshipping community. Our book cart is regularly updated and contains books for children of all ages. Please return bags to the narthex and books to cart.

Family Worship Space | St. Paul's is committed to creating an inclusive worship experience for all of our children. Families are invited to join their young children at the Family worship space in the front of the sanctuary. This carpeted area with pillows and games allows them to participate with the service. Our ushers will be happy to direct you!

Newsletter | Stay updated on all of St. Paul's offerings for our children, youth and families! Please contact Linda Willis (lwillis@stpaulsrva.org) to receive the Family Newsletter directly to your inbox.

PRAYERS OF THE PARISH

We give thanks to God...

...as we celebrate the season after Pentecost where the Holy Spirit continues to pour upon the Church as we make God's loving and reconciling presence known to all.

...for all workers this Labor Day weekend, so that all are led and guided to do good work with dignity and purpose as you have prepared and called us to do for your love's sake.

...for the generosity of all who are fulfilling their pledges and giving generously to support our vibrant ministries and mission to proclaim Christ to the heart of the city.

We pray for God's mercy...

...for the Universal Church, the ministry of the Baptized, Presiding Bishop-Elect Sean, Presiding Bishop Michael, Virginia bishops Mark and Gayle, all bishops, priests, and deacons; altar and flower guilds and choirs, according to the Diocese of Virginia cycle of prayer; Igreja Anglicana de Mocambique e Angola, according to the Anglican Cycle of Prayer.

...for the nation, as we celebrate Labor Day, including all who are employed, unemployed, or under-employed; for labor rights leaders and union organizers who advocate for equitable laws and policies to pay living wages, provide benefits, and protect all workers in safe and just conditions; that our collective labors may not be done for self alone but for the common good.

...for the world, especially the ceasing of violence and warfare in the Holy Land, Middle East, Ukraine, Sudan's Darfur region, and other war-torn regions; the people Ethiopia and Niger; all refugees, immigrants, and asylum-seekers; the Diocese of Central Tanganyika and the village of Mwitikira, Tanzania; the cooling of our planet.

...for Metropolitan Richmond, especially the schools and educational institutions of Metropolitan Richmond, all superintendents, school boards, school administrators, PTAs, teachers, students, and staff; our Emmaus guests.

...for those who are sick in body, mind and spirit and all for whom prayer has been requested, especially Susan Dyke, cousin of David Romaine; Jeanette W.; Bob Hafford, sister of Kathryn Hafford; Maxton Williams, great nephew of Barbara Cochrane; Roberto Mercado, uncle of Lydia Mercado; Hank Hobbs; Connie Scruggs, friend of Celia Luxmoore; Ron Romaine, David Romaine's brother; Jim Pullman, friend of David Romaine; Mary Ramsey, friend of Celia Luxmoore; Georgia Jonkman, mother of Crystal Jonkman; Susan, friend of Lindy Wright; Jimmy Yeargan, Ginny Campbell's nephew; Ruth Lokey, Beth O'Leary's mother.

...for eternal peace of the departed, especially Robert "Bob" Wayne Jones Sr., those who have died due to warfare, violence, disaster, or disease; those whom we love but see no longer.